KindCare
Individual Care Plan

Plan Approval

Prepared By:	Jane Doe	**Position/Title:**	Support worker	**Date:**	30/3/23
Approved by:	Mavi Space	**Position/Title:**	Case Manager	**Date:**	31/3/23
Next review date:					

Client and Contact Details

Client Details			
Client Name:	**Tom Thompson**	**Date of Birth:**	**1 January 1995**
Gender:	**Male**	**Doctors Name:**	**Dr John Smith**
ID:	12345		

Participants involved in the care		
Name	**Relationship to Client**	**Area of Support**
Jane Doe	Support worker	General disability support

Emergency Contacts		
Name	**Relationship to Client**	**Contact No.**
Mary Johnson	Sister	0123456789
Mark Johnson	Brother-in-law	0987654321

Medical information

Health and medical information	
Allergies/Alerts	None
Disability and/or medical condition	Physical disability (wheelchair user)
Medications	None

© Learn For Work

KindCare
Individual Care Plan

Risk

Risk summary	
Potential risks	• Difficulties navigating various environments. • Challenges with daily living activities. • Limited physical stamina for extended activities.
Risk level	High Medium **Low**
Controls	• Assisting with navigating different environments. • Offering support with daily living activities. • Planning appropriate rest periods during activities.

Assessment

Assessment detail
•
Barriers
• Physical limitations in various environments. • Challenges with daily living activities.

© Learn For Work

KindCare
Individual Care Plan

Barrier support strategies
• Identifying accessible environments and providing assistance when needed. • Offering support and guidance in managing daily living activities.

Support strategies

Goals
• Improve independence in daily living activities. • Enhance mobility and accessibility in various environments. • Maintain a safe and supportive living environment. • Promote social inclusion and community participation.
Support strategies
• Provide support and assistance with daily living activities such as personal care, cooking, and cleaning. • Accompany Tom in various environments to ensure accessibility and safety, adapting to his needs as required. • Collaborate with Tom's family and other support providers to create a safe and comfortable living environment. • Encourage Tom to participate in social events and community activities, offering the necessary support to facilitate his inclusion.

Intervention strategies

Interventions
• Work with occupational therapists or other professionals to assess and address Tom's needs in daily living activities. • Explore and implement appropriate assistive devices or home modifications to improve Tom's independence and safety. • Identify community resources, programs, and social groups that align with Tom's interests and abilities, facilitating his participation. • Regularly review and update the support plan to ensure ongoing effectiveness and adapt to Tom's changing needs.

© Learn For Work

KindCare
Individual Care Plan

© Learn For Work