# KindCare
# Individual Care Plan

### Plan Approval

| | | | | | |
|---|---|---|---|---|---|
| **Prepared By:** | Tina Trott | **Position/Title:** | Support worker | **Date:** | 23/3/23 |
| **Approved by:** | Vincent Aaron | **Position/Title:** | Supervisor | **Date:** | 25/3/23 |
| **Next review date:** | 25/5/23 | | | | |

## Client and Contact Details

| **Client Details** | | | |
|---|---|---|---|
| **Client Name:** | **Sebastian Seymour** | **Date of Birth:** | **4/02/1996** |
| **Gender:** | **Male** | **Doctors Name:** | **Dr Karen Lee** |
| **ID:** | SEB1234 | | |

| **Participants involved in the care** | | |
|---|---|---|
| **Name** | **Relationship to Client** | **Area of Support** |
| Jennifer | Mother | Emotional and practical support |
| Jeff | Father | Financial, emotional, and practical support |

| **Emergency Contacts** | | |
|---|---|---|
| **Name** | **Relationship to Client** | **Contact No.** |
| Jennifer | Mother | 0123456789 |
| Jeff | Father | 0987654321 |

## Medical information

| Health and medical information | |
|---|---|
| Allergies/Alerts | None |
| Disability and/or medical condition | Sebastian has cerebral palsy, which affects his mobility and coordination, and he uses a wheelchair for mobility. |
| Medications | None |

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## Risk

| Risk summary | |
|---|---|
| Risk summary | Sebastian may face potential risks in his everyday life due to his disability and wheelchair use, including falls, fatigue, difficulty with mobility and coordination, and social isolation. |
| Potential risks | • Falls due to difficulty with mobility and coordination.<br>• Fatigue due to the physical demands of using a wheelchair.<br>• Difficulty with mobility and coordination in daily tasks.<br>• Social isolation due to barriers to accessibility and lack of disability inclusivity in the community. |
| Risk level | High<br><br>Medium<br><br>Low |
| Controls | • Conduct accessibility checks before participating in any activities.<br>• Provide support and assistance for mobility and coordination tasks.<br>• Educate family, friends, and community members on disability inclusivity and support requirements.<br>• Provide regular check-ins and support from a support worker or family member. |

## Assessment

| Assessment detail |
|---|
| Assessing Sebastian's interests, strengths, abilities, and support requirements is important to develop an effective plan for daily living that aligns with his interests and abilities. |
| **Barriers** |
| • Physical barriers to accessibility in the community and his home environment.<br>• Lack of disability inclusivity in the community.<br>• Lack of appropriate support services and accommodations for people with disabilities. |

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| Barrier support strategies |
| --- |
| • Identify available services and networks for community participation and inclusion.<br>• Provide support and assistance for mobility and coordination tasks.<br>• Conduct accessibility checks before participating in any activities.<br>• Educate family, friends, and community members on disability inclusivity and support requirements.<br>• Advocate for appropriate accommodations and support services.<br>• Provide regular check-ins and support from a support worker or family member. |

## Support strategies

| Goals |
| --- |
| • Increase Sebastian's independence and confidence in daily living activities.<br>• Improve his mobility and coordination skills.<br>• Increase his social connections and reduce social isolation.<br>• |
| **Support strategies** |
| • Provide training and assistance for mobility and coordination tasks.<br>• Advocate for appropriate accommodations and support services.<br>• Participate in community activities and events that align with his interests.<br>• Connect with disability advocacy and support groups for social connections and support. |

## Intervention strategies

| Interventions |
| --- |
| • Work with Sebastian's doctor to develop a medication plan, if necessary, to manage any medical conditions that may impact his daily living activities or emotional wellbeing.<br>• Collaborate with Sebastian's support network, including his parents and support worker, to ensure that everyone is aware of his needs and goals and can provide support as needed. |

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