KindCare
Individual Care Plan



Plan Approval

Prepared By:	Sanjay Patel	**Position/Title:**	Support worker	**Date:**	23/3/23
Approved by:	Vincent Aaron	**Position/Title:**	Supervisor	**Date:**	25/3/23
Next review date:	25/5/23				

Client and Contact Details

Client Details			
Client Name:	**Ravi Kumar**	**Date of Birth:**	**2/05/1988**
Gender:	**Male**	**Doctors Name:**	**Dr. Neha Gupta**
ID:	RK1234		

Participants involved in the care		
Name	**Relationship to Client**	**Area of Support**
Pooja Kumari	Mother	Emotional and practical support
Shiv Kumar	Father	Financial, emotional and practical support

Emergency Contacts		
Name	**Relationship to Client**	**Contact No.**
Pooja Kumari	Mother	0123456789
Shiv Kumar	Father	0987654321

Medical information

Health and medical information	
Allergies/Alerts	None
Disability and/or medical condition	Ravi has a physical disability that affects his mobility and requires a wheelchair for mobility.
Medications	None

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Risk

Risk summary	
Risk summary	Ravi may face potential risks in his daily life due to his disability, including falls, fatigue, difficulty with mobility and coordination and social isolation.
Potential risks	• Falls due to difficulty with mobility and coordination. • Fatigue due to the physical demands of using a wheelchair. • Difficulty with mobility and coordination in daily tasks. • Social isolation due to barriers to accessibility and lack of disability inclusivity in the community.
Risk level	**High** Medium Low
Controls	• Conduct accessibility checks before participating in any activities. • Provide support and assistance for mobility and coordination tasks. • Educate family, friends and community members on disability inclusivity and support requirements. • Provide regular check-ins and support from a support worker or family member.

Assessment

Assessment detail
Assessing Ravi's interests, strengths, abilities and support requirements is important to develop an effective plan for daily living that aligns with his interests and abilities.
Barriers
• Physical barriers to accessibility in the community and his home environment. • Lack of disability inclusivity in the community. • Lack of appropriate support services and accommodations for people with disabilities.

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Barrier support strategies
• Identify available services and networks for community participation and inclusion. • Provide support and assistance for mobility and coordination tasks. • Conduct accessibility checks before participating in any activities. • Educate family, friends and community members on disability inclusivity and support requirements. • Advocate for appropriate accommodations and support services. • Provide regular check-ins and support from a support worker or family member.

Support strategies

Goals
• Assist Ravi in finding suitable employment according to his interests and skills. • Improve Ravi's mobility and coordination skills. • Increase Ravi's social connections and reduce social isolation.
Support strategies
• Identify potential employers and job opportunities that align with Ravi's interests and skills. • Develop a job search plan that includes applying for relevant positions and networking with individuals and organisations in Ravi's chosen field. • Provide support throughout the job search process, assisting Ravi with completing job applications and preparing for interviews. • Identify and secure any necessary accommodations required for Ravi to perform job duties effectively. • Develop a plan for ongoing support in the workplace, including identifying any necessary accommodations or modifications needed for Ravi to perform his job duties effectively and comfortably. • Facilitate Ravi's participation and inclusion in the workplace, including collaborating with the employer to identify potential barriers to participation

Intervention strategies

Interventions
• Conduct a comprehensive assessment of Ravi's skills, interests and support needs to identify potential employment opportunities. • Research potential employers and job opportunities that align with Ravi's skills and interests. • Develop a job search plan that includes applying for relevant positions and networking with individuals and organisations in Ravi's chosen field. • Assist Ravi with creating a resume and cover letter that highlights his abilities and skills. • Provide support to Ravi throughout the job search process, including assistance with completing job applications and preparing for interviews.

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- Identify and secure any necessary accommodations that may be required for Ravi to perform job duties effectively, such as accessible workspaces and assistive technology.
- Collaborate with Ravi's employer to identify potential barriers to his participation and inclusion in the workplace and develop strategies to address these challenges.
- Develop a plan for ongoing support in the workplace, including identifying any necessary accommodations or modifications needed for Ravi to perform his job duties effectively and comfortably.
- Provide ongoing support to Ravi and his employer to ensure that any issues or concerns are addressed promptly and effectively.
- Research various services and networks to find community inclusion opportunities that cater to Ravi's interests, such as technology clubs and accessible live music venues.
- Identify specific supports Ravi may need, such as physical accessibility accommodations and assistive technology, to engage with these networks effectively.
- Develop strategies to address potential barriers to participation and inclusion in these networks, such as physical accessibility or social anxiety.
- Facilitate Ravi's access to opportunities that build connections through shared interests with other community members.
- Develop strategies to minimise isolation for Ravi and address support requirements and modifications needed for devices, aids and the environment.
- Provide ongoing support and advocacy to ensure that Ravi's needs are met and his goals are achieved.

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