KindCare
Palliative Care Plan

Palliative Care Plan: Sally Bell

Plan Details			
Date completed:	05/06/2023	**Signature:**	*Sally Bell*

Client Details			
Client Name:	Sally Bell	**Date of Birth:**	03/09/1935
Gender:	Female	**Doctors Name:**	Dr Gregory Hayes
ID:	AG00393774	**Condition:**	Stage 4 breast cancer

Participants involved in care

Name	Relationship	Area of Support	Contact
Kristen Bell	Daughter	Substitute decision-maker	0400 451 222
Maggie Samson	Daughter	Family	0411 748 333
David Bell	Son	Family	0435 547 549
Dr Gregory Hayes	Oncologist	Medical	0471 828 349
Barry Jets	Pastor	Religious	0413 256 789

Condition and status

Client has late-stage cancer, recently confirmed prognosis of 2-4 months to live.
Client is currently able to engage in some light movement, feed themselves and toilet with minor assistance. Client tires easily.
Client is still processing the prognosis and has family support.

Palliative care needs; basic interventions

Pain management:	Endone tablets; as needed; 2 orally administered
Movement:	Some assistance when tired
Transfers:	Some assistance turning in bed on bad days
Vision and hearing:	No current needs
Language and speech:	English speaker; no assistance currently required

© Learn For Work

KindCare
Palliative Care Plan

Toileting and continence:	Continence; requires some assistance with toileting; toilet chair provided
Showering and grooming:	Assistance required with showering; bed bathing provided when the client is not feeling up to showering; assistance with nail, hair and teeth hygiene
Dressing and undressing:	Some assistance required with balance
Eating and drinking:	No assistance required; low appetite some days
Cognitive needs:	Has some brain fog when tired
Sleep:	Wakes through the night; naps in the day; typically sleeps for 2-3 hour periods
Palliative care needs; social and emotional needs	
Religion/spirituality/beliefs:	Baptist
Pastoral care requirements:	Access to pastor; typically a weekly visit
Support with practices:	Likes to have the Bible read, in particular the book of Matthew