KindCare
Positive Monitoring Form

Report			
Date:		**By:**	
Client	ZHI (HELEN) CHOU	**Support times:**	__:__ AM/PM to __:__ AM/PM

Desired behaviour	Should the behaviour be used?	Was the behaviour used?	Notes
Client completed a daily mediation			
Client used breathing techniques to calm herself if she became distressed			
Client attended grief counselling (twice weekly)			
Client spent time with family (daily) in person of via phone			