KindCare
Behaviour Support Plan

Plan Approval

Prepared By:	Jeremy Dyson	**Position/Title:**	Support Worker	**Date:**	4 months ago
Approved by:	Michaela Scott	**Position/Title:**	SW Supervisor	**Date:**	6 months ago
Next review date:	In two weeks				

Client and Contact Details

Client Details			
Client Name:	**Jason Peterson**	**Date of Birth:**	**03/12/1986**
Gender:	**Male**	**Doctors Name:**	**Dr Dave Tolbert**
ID:	DIS00373974		

Participants involved in care		
Name	**Relationship to Client**	**Area of Support**
Marisa Peterson	Wife	Company (24/7). Non-physical tasks

Emergency Contacts		
Name	**Relationship to Client**	**Contact No.**
Marisa Peterson	Wife	0400 001 001

Care Alerts (e.g. Falls Risk, Allergies, Diabetic)

Falls Risk: Moderate
Mild acquired brain injury
Diabetic

Behavioural history

General behaviour

Mild Acquired Brain Injury
Can experience confusion and disorientation some days. Generally, copes well, but can become frustrated/agitated.

When Jason's pain is severe, he can become agitated and swear and yell which has escalated to throwing things on several occasions (not at people).

© Learn For Work

KindCare
Behaviour Support Plan

Concerning or challenging behaviours

Behaviour/s of concern
• Client is displaying aggressive behaviours when he becomes frustrated or is in pain (yelling, swearing, throwing things)

Positive behaviour support strategies

Behaviour support strategies
• Client to take pain medication as soon as he wakes up (and as needed through the day) • Support worker to encourage client to sit and rest his leg whenever possible (on workdays) • Client to massage his leg daily before activity
Desired behaviours
• Client takes pain medication in the morning • Client massages his leg before activity • Client rests his leg before activity • Client verbally communicates when he is in pain/his pain is escalating • Client is able to calm himself when he becomes frustrated

Intervention strategies

Behaviour intervention strategies
• Encourage/coach the client to do his breathing exercises (breath in for 4 seconds, hold for 7 seconds, and exhale for 8 seconds) • Encourage the client to use a stress ball to focus his pain/frustration.

© Learn For Work