# KindCare Diversity Reflection Report

## Diversity Reflection Report

Please complete a Reflection Report for each of the clients you assisted.

| **WHAT happened?** | | | |
|---|---|---|---|
| Student Name | | Support Date: | |
| Client Name | | Support Location: | |
| **Diversity Profile** | | | |
| Race | ☐ Caucasian ☐ Aboriginal ☐ Torres Strait Islander ☐ Other _____ | | |
| Culture/ethnicity | ☐ Australian ☐ Aboriginal ☐ Torres Strait Islander ☐ Other _____ | | |
| Religion/Spirituality | ☐ Christian ☐ Jewish ☐ Muslim ☐ Agnostic/Atheist ☐ Other _____ | | |
| Age/Generation | Age ____ ☐ Silent Generation ☐ Baby Boomer ☐ Generation X ☐ Generation Y | | |
| Gender | ☐ Cisgender Male ☐ Cisgender Female ☐ Transgender Male ☐ Transgender Female ☐ Intersex ☐ Non-binary ☐ Gender fluid ☐ Other _____ | | |
| • *Preferred pronouns* | ☐ He/His/Him ☐ She/Her/Hers ☐ Zim/Zer ☐ They ☐ Other_____ | | |
| Sexuality | ☐ Heterosexual ☐ Gay ☐ Lesbian ☐ Bisexual ☐ Pansexual ☐ Asexual ☐ Other | | |
| **Support Profile** | | | |
| **Physical Health and Care Needs** | | **Mental and Emotional Health and Care Needs** | |
| | | | |
| **Support Provided** | | | |
| | | | |
| **SO WHAT is the significance of happened?** | | | |
| What are the key political cultural factors which may impact the client, their life or their work? | | | |
| | | | |
| What are the key social cultural factors which may impact the client, their life or their work? | | | |
| | | | |
| What are the key economic factors which may impact the client, their life or their work? | | | |
| | | | |
| What type/s of trauma, discrimination and bias might this person have faced in their past and may face currently? | | | |
| | | | |

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|---|
| |
| What areas of the client's diversity, or which needs did they have that you did not feel like you understood or had enough information about? |
| |
| What actions did you take to work inclusively and how did these impact the client? |
| |
| What are three things you did to help this person feel respected, valued and accepted? |
| |
| What emotions or biases did you experience that surprised you or that you felt could impact the client (i.e. the values and biases you were not previous aware of)? |
| |
| What aspects of your culture, or what values, language, policies and structures of your community do you think have influenced your perspectives and work practices? |
| |
| How could these perspectives and biases potentially impact the client (negatively or positively)? |
| |
| Is the client Aboriginal or Torres Strait Islander? ***If yes:*** What western cultural practices or systems and structures may impact the client's willingness to engage with support services |
| |

# KindCare Diversity Reflection Report

| Self Assessment | | | |
|---|---|---|---|
| **Questions** | **Not Well 1** | **Well 3** | **Very Well 5** |
| How well did I display cultural awareness? | ☐ | ☐ | ☐ |
| How well did I create a culturally safe environment for the client? | ☐ | ☐ | ☐ |
| How well did I demonstrate cultural competency? | ☐ | ☐ | ☐ |

| NOW WHAT will I do to improve | | | |
|---|---|---|---|
| **Goal** | **Action** | **Type** | **Due** |
| **Improve social awareness and understanding of others** | | ☐ Consult clients ☐ Research<br>☐ Network ☐ Formal study<br>☐ Informal study ☐ Coaching<br>☐ Mentoring | |
| **Improve work practices and ensure they are inclusive** | | ☐ Practice with clients<br>☐ Practice in role plays<br>☐ Coaching ☐ Mentoring<br>☐ Shadowing | |
| **Improve self awareness and understanding of personal values and biases** | | ☐ Reflection ☐ Self-Assessment<br>☐ Coaching ☐ Personal counselling<br>☐ Formal study ☐ Informal study<br>☐ Coaching ☐ Mentoring | |

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